



Caroline Grégoire

Business Coach, Moderator and Speaker

English, French, German and Swedish

With more than 20 years of experience in the actuarial and risk management fields in international environments and in different leadership positions, Caroline works with actuaries and risk managers on the communication and leadership aspects of their work.

Through her expertise and her enthusiasm, she shows you how to better interact with your business partners which is the key to an effective actuarial and risk communication. Her practical approach makes sure that what she teaches can easily be applied to one's daily work.

Caroline is a certified NLP Business Practitioner and a business and resilience coach according to the H.B.T. (Human Balance Training) method.

Growing up in cold Canada, she is a former figure skater who believes she still can do a sit spin and an arabesque. It is better if you ask her to sing "O sole mio" or something from the "Phantom of the Opera".

„This is the perspective that really makes the difference! To look at communication from this angle is a fantastic enhancement for reaching one's goals. In my view, it can help more than any regulatory framework.“

Eberhard Müller,
riskmueller Consulting
GmbH

„Your presentation was very innovative and your approach is very much needed for us (actuaries and risk managers).“

Eva Johansson,
PRI Pensionsgaranti

„Somewhat different and definitely out of the ordinary – encouraging to look at things from a different perspective and to read between the lines when „acting“ as an actuary.“

René Scholing

MEMBER OF:



CG⁴ Coaching
M +49 1522-797 3548
caroline.gregoire@cg-four.com

